Welcome to the parent workshop on The OJCS Behaviour Expectations Guided by our North Stars



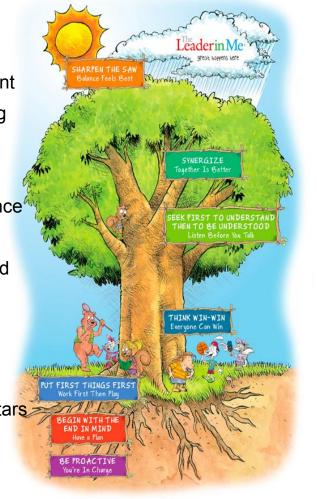
- Begin with the End in Mind Children want to do well and behave Freet ations prounded in Stephen 2 1 Brilding. Relationships Approach Beneviour The Con Adentify the Lagging Shill as a feaching fea Outcomes Solving Collaboration . 0 0 ni Students 7 Try New Solution Co "I noticed ..." 5 Define 200, m Step adult Concern Dr. Ross Find an agreed upon green's Dertrend solution a

# I. Introduction & Goal

In the book "7 Habits" Classroom Leadership and Behaviour Management is created through the format of: **Classroom Leadership.** In lieu of using the words: Consequences and rewards, we will be focusing on the language of "outcomes" We will be using the influence of Dr. Ross W. Greene through the guidance of the book Lost at School in order to use Collaborative Problem Solving (Proactive Plan B) in order to identify lagging skills to help solve unsolved problems.

Goal:

- Clear expectations and outcomes for students, faculty and parents
- Individualized problem solving solutions aligned with our North Stars
  <u>https://www.theojcs.ca/about-us/north-stars/</u>



### II. Philosophy

The school discipline philosophy aligns with our philosophy of personalized instruction. The same way we know that each student learns differently and presents with a variety of strengths and weaknesses, each student also handles expectations differently. When a student is struggling to control their behaviour, it's because the expectations set out before them exceeds their skill set. By identifying lagging skills and unsolved problems, educators are able to work collaboratively with students to skill build and solve problems. The underlying assumption is that all students want to succeed and want to follow expectations. Mutual respect, learning to be responsible for ourselves and one another (each person is responsible for the other), and to be accountable for the choices we make (we own our own learning, we own our own story) are all embedded in this philosophy.

Read more to better understand the influence of our philosophy: <u>https://www.livesinthebalance.org/sites/default/files/FAQ%20060417.pdf</u>

Watch this video to better understand the philosophy better: https://www.livesinthebalance.org/step-one-first-video

# III. School Expectations

Through applying the "7 Habits" each day, students will show respect for self, respect for others, and respect for the environment.

### Habit #1- Be Proactive

- I will try my best
- I will celebrate my strengths
- I will ask for help when I need it
- I will do my work in class and I will do my homework
- I will ask for help calmly when I'm stuck or I'm not sure what to do
- I will keep my cubby and locker clean and organized
- I will be responsible for my own behaviour: I choose my actions and my attitude.
- I will use technology appropriately for school purposes only, and give credit to the sources I am using.

### Habit #2- Begin With the End In Mind

- I know that my mistakes help me grow
- I look for ways to be a good citizen. (i.e.: I will not litter and I will pick up things off the ground even if they are not mine to keep our school clean).
- I set goals for myself and plan ahead.
- I will maintain a positive Jewish identity.

#### Habit #3- First Things First

- I will take care of my belongings and the belongings of my classmates
- I will walk in the halls of the school in order to keep myself and others safe
- I will take care of school equipment, materials and furniture
- I will follow safety rules including following protocol for fire drills
- I will manage my time and set priorities
- I will arrive to class on time and attend school regularly.
- I will talk quietly in the halls so I don't disturb others who are working

### Habit #4- Think Win - Win

- I will be kind, patient, and inclusive toward everyone
- I will greet others with welcoming words and a smile
- I will apologize and make amends if I treat someone badly
- I will understand that my teachers want the best for me and I will accept the opportunities they provide me, even when it feels hard
- I will treat others the way they want to be treated
- I will be polite by using please and thank you when others do nice things for me
- I will use my words and stay calm, even when I feel upset or feel that I've been wronged

### Habit #5- Seek First to Understand

- I will listen so I know what to do
- I will accept the help and support from my teachers when I'm struggling
- I will listen to other points of view

# Habit #6- Synergize

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- I will accept feedback in order to learn
- I will hold the door open for others when I see others coming
- I will celebrate my strengths and the strengths of others
- I will work cooperatively with others
- I will solve differences through collaboration and discussion

### Habit # 7- Sharpen the Saw

- I will eat nutritious foods
- I will get a good night's sleep
- I will stay balanced and spend time with friends and family
- I will practise self-care
- I will be kind and compassionate toward myself and others.
- I will learn and use tools to help self-regulate such as prayer, yoga, meditation, listening to music.
- I will have positive energy and spirit throughout my day (Ruach North Star alert)

### IV: Parent Guide to Classroom Leadership through the eyes of the 7 Habits

### **1- Be Proactive**

- I will go over the school/class expectations with my child.
- I will speak positively and openly about the importance of school/class expectations
- I will collaborate with my child's teacher if my child is having difficulty following the expectations
- I will role model these expectations at home
- I know, and my child knows the teachers will support them in collaboratively solving problems when expectations are not followed

### 2- Begin With the End In Mind

- At OJCS each person is responsible for the other North star alert
- I want my child to go to a school that has clear and consistent expectations
- I want to know what the expectations are and what the goals of my child's classroom are
- -I want my child to attend a school that is open, inclusive and fostering positive leadership

### **3- First Things First**

- I will listen to my child and I will also listen to other points of view
- I will offer support, guidance and reassurance
- I won't let issues build up, if I am unsure of what has happened, I will ask my child's teacher for clarification before making assumptions
- I will encourage my child to seek support from their teacher if they are upset or unclear
- I will keep an open and positive mindset and collaborate with my child's teacher (we learn better together North star alert)

#### 4- Think Win - Win

- Win - win in a classroom means that everyone should feel respected, heard, validated and supported. It means everyone feels included.

- I will help my child be a leader by helping them understand how to include and accept others (we learn better together - North star alert)

- I will strive for win-win and work collaboratively with my child's teacher to help set up my child for success.

### 5- Seek First to Understand

- It's important to listen to all sides. When I'm frustrated or upset because my child comes home sad or angry, I will seek first to understand the other side in order to get the full picture

- I will ask questions when I don't understand what is happening
- I will try and understand which expectations were broken and why, and help my child move forward with better solutions for next time

(we own my own learning - we own our own story - North Star alert)

### 6- Synergize

-I will synergize with my child by supporting the school and classroom expectations

- I will synergize with my child's teachers to ensure we are all working for the common goal of setting up my child for success (there is a floor but no ceiling - North Star alert)

### 7- Sharpen the Saw

-I will help my child be their best self by ensuring proper sleep habits, eating habits and exercise habits

- I will make time for family time, games, fun activities and hobbies (Ruach - North star alert)

# **Resources for Families:**

Sean Covey's The 7 Habits of Happy Kids - Leader In Me

7 Habits of Highly Effective Teenagers

7 Habits of Highly Effective Families

The Explosive Child: A New Approach for Understanding Parenting Easily Frustrated, Chronically Inflexible Children

By Dr. Ross W. Greene Ph.D.

