

OTTAWA JEWISH COMMUNITY SCHOOL SECOND NUTRITION BREAK – MEALS

Food provided by Babi's Café
(with the exception of hot dogs which are provided by OJCS)

January 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Winter Break	2 Winter Break	3 Winter Break	4 Winter Break	5 Winter Break
8 Tuna melt with greek salad	9 Chili served on rice GF	10 2 slices of cheese pizza	11 Falafel wraps with hummus and tahini	12 Pasta with rose sauce and garlic bread
15 Mac n cheese with a roll	16 Tomato soup and egg sandwich	17 Pasta frittata with ceasar salad	18 Hot dogs (2) (made at OJCS) with veggies & fruit (from Shabi) Exams Gr. 7&8	19 Scrambled eggs with cheese and roasted breakfast potatoes Exams Gr. 7&8
22 Roasted veggie lasagna with garlic bread	23 Split pea soup and tuna sandwich	24 2 slices of cheese pizza	25 Spaghetti with "meat" balls	26 Burritos with rice, scrambled eggs, sour cream and salsa
29 PD Day	30 Stir fry with tofu and veggies served on rice GF	31 Quesadilla with sour cream and salsa	February 1st Hot dogs (2) (made at OJCS) with veggies & fruit (from Shabi) (2)	February 2 nd Falafel wraps with hummus and tahini

**Food provided by Babi's – All food is nut free BUT Babi's Café is not a nut free facility.
All meals come with Fruit and Veggies.**

Child's Name: _____ Grade & Class: _____

PLEASE HAVE FORMS IN THE PTA BOX ON OR BEFORE Wed. Nov. 15th, 2017

	Day	Item	Price	I want it!	Amount Paid
January	8 th	Tuna melt and greek	8.00	<input type="checkbox"/>	
	9 th	Chili	8.00	<input type="checkbox"/>	
	10 th	Pizza	8.00	<input type="checkbox"/>	
	11 th	Falafel Wraps	8.00	<input type="checkbox"/>	
	12 th	Pasta with rose sauce	8.00	<input type="checkbox"/>	
	15 th	Mac and cheese	8.00	<input type="checkbox"/>	
	16 th	Soup and egg sandwich	8.00	<input type="checkbox"/>	
	17 th	Pasta Frittata with ceasar	8.00	<input type="checkbox"/>	
	18 th	Hot Dogs –Exams 7&8	8.00	<input type="checkbox"/>	
	19 th	Scrambled eggs and potatoes – Exams 7&8	8.00	<input type="checkbox"/>	
	22 nd	Veggie Lasagna	8.00	<input type="checkbox"/>	
	23 rd	Soup and tuna sandwich	8.00	<input type="checkbox"/>	
	24 th	Pizza	8.00	<input type="checkbox"/>	
	25 th	Spaghetti	8.00	<input type="checkbox"/>	
	26 th	Burrito	8.00	<input type="checkbox"/>	
	30 th	Stir fry	8.00	<input type="checkbox"/>	
	31 st	Quesadillas	8.00	<input type="checkbox"/>	
February	1 st	Hot Dogs	8.00	<input type="checkbox"/>	
	2 nd	Falafel Wraps	8.00	<input type="checkbox"/>	
Grand Total:					

Notes:

- Orders cannot be accepted after the due date listed below
- ONE form per child.
Please remember to print your child's NAME and HOME ROOM on this form
- CIRCLE the day on the calendar for each meal you would like and **keep for your records**
- All CHEQUES payable to "OJCS PTA"
 - Post dated cheques accepted (DATED – FIRST OF EACH MONTH, on order form)
 - One cheque per family is accepted

Child's Name: _____ Grade & Class: _____

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